
JOHN GUY

'My Heart is My Own'

The Life of Mary Queen of Scots

PENGUIN BOOKS

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ABOUT THE AUTHOR

John Guy is an award-winning historian, an accomplished broadcaster and a Fellow of Clare College, Cambridge. His previous books include *My Heart is My Own: The Life of Mary Queen of Scots*, winner of the 2004 Whitbread Biography Award and the Marsh Biography Award; the highly acclaimed dual biography *A Daughter's Love: Thomas and Margaret More*; a history, *Tudor England*, which has sold over 250,000 copies worldwide; and, most recently, the biography *Thomas My Heart is My Own: The Life of Mary Queen of Scots Becket*.

John Guy has presented and contributed to numerous documentaries for BBC2 and Channel 4, including *Timewatch*, as well as appearing frequently on BBC Radio's flagship culture programmes such as *Start the Week* and *In Our Time*, and writing for the *Sunday Times*, *Guardian*, *Economist*, *The Times Literary Supplement*, *BBC History Magazine* and *History Today*.

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