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# **MEMORIES OF AN ESSENCE**

**HOW HUMANS AND SPIRITUAL BEINGS PUT 70  
PERSONALITIES BACK TOGETHER AGAIN**

**BY**

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**Allison, Ralph B.: Memories of an essence: how humans and spiritual beings  
put 70 personalities back together again / by Ralph B. Allison, MD**

Categories: Psychology & Psychiatry/Spirituality

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This work originally was published in [www.dissociation.com](http://www.dissociation.com) in 2003.

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The eBook revision was published in 2011.

To protect their privacy, the names of the patient, her family members,  
and individuals involved in her care have been changed.

Cover illustrations by Helli Blythe

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Dedicated to my grandchildren:

Joseph, Emily, & Allison Aguiar

## Preface

THIS IS THE TRUE STORY ABOUT THE LIFE of a lady who created the first of 69 alter-personalities in infancy. Like all of us, she was born with a mind with two “parts”, her Personality, Marie, and her Essence, Becky. They separated (dissociated) at age six month when she was threatened with death. Becky made alter-personalities to run the body thereafter, while the original Marie was sent away for safe keeping.

She Memories of an Essence became my patient at age 28, and we met for hypnotherapy sessions twice a week for over three years. With Becky’s guidance, I brought back her Original Personality, which integrated with all the reformed alter-personalities. This left the original Marie and Becky as the two “psychic entities” in her body.

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After 13 years of no contact, she agreed to help me write her story. I had copies of all our sessions, which I had dictated at the time. I also had all the hospital records of inpatient stays while she was my patient. Becky acted as Memories of an Essence her “memory manager” and supplied information about Marie’s history and that of her family. Marie Memories of an Essence also conferred Memories of an Essence with her mother’s younger sister, her aunt, who confirmed that Memories of an Essence her Memories of an Essence memory of events Marie hated to think were true really had happened. Because so much of the details of personal history were supplied by Becky, her Essence, I call this book “Memories of an Essence”.

Other informants who borrowed Marie’s body during and after therapy were Faith, Hope, and Charity. They identified themselves as “spirits” who supervised Becky. They were not part of Marie’s mental apparatus. Their preferred designation was “Celestial Intelligent Energy” or CIE. They provided their job descriptions, as they work with all human beings.

Marie and I completed this manuscript and published it on our website, [www.dissociation.com](http://www.dissociation.com), in 2003. I kept in touch with her as her “adopted father figure” until she died in 2010 at the age of 60, a span of 32 years.

During that time, Marie was willing to participate in Memories of an Essence training programs for mental health professionals, as long as Memories of an Essence it was outside the USA. She did not want to be identified personally, so we never were able to discuss her case Memories of an Essence with any North American psychiatric group. We presented training programs in Mexico, Japan, Italy, and Germany, however. Her privacy was paramount, and she never wanted to advertise her history of multiplicity.

Since any reader would be confused by a chronological history of a woman with such a complex history of Multiple Memories of an Essence Personality Disorder (now called Dissociative Identity Disorder), I chose different topics for each chapter. Chapters 1, 3, 5, 6, 7, 8, and 9 each focus on one social service agency which was important in her life. Chapters Memories of an Essence 2, 4, and 5 are about single important alter-personalities. Chapter 10 is about her family history, Chapter 11 covers her integration, and Chapter 12 reviews the functions of the Essence and the CIE in all of us.

Ralph B. Allison, MD

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## CHAPTER ONE

### HER DAY IN COURT

“I’VE HAD IT. I’m sick and tired of the bitch and her damn doctor. I’m going to get rid of that bitch and make her doctor live with his guilt after I kill her. She has to die so I can live. I’m going to court and get off this goddamned conservatorship. When I’m free, I’ll go up in the mountains and kill this bitch. Then I’ll call Dr. Allison, tell him Marie Francis Kelly is dead, and laugh in his ear. I, Marcia Webb, swear that Marie is history. I’m the only person to inhabit this body. I’m going to prove that.”

Marcia Webb was the fun-loving, vindictive, hateful whore of an alter-personality who wanted nothing but death for Marie Francis Kelly, the name on her California driver license. Marie, the socially out-front alter-personality, was known to the others inside as Sad Marie, due

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to her chronic depression and lack of self-worth. Marcia felt she could live alone after killing Sad Marie's body. She had tried numerous times to kill Sad Marie, but Megan, a helper alter-personality, had always stopped her.

Marcia never forgave Dr. Arthur Hazelton, that jerk of a psychiatrist who Memories of an Essence had tossed the body they all shared into Crestwood Manor (CM) in Sacramento. He had given up on Sad Marie. He never even wanted to meet Marcia, bastard that he was. Like all men, he only wanted control over women. Then he showed his contempt of them by telling Sad Marie's mother, Shelly Garrett, to file for probate conservatorship on her daughter. That gave Mother control over her daughter's money and body. But Mother did take her out of CM Memories of an Essence and set her up in an apartment in Woodland, the county Memories of an Essence seat of neighboring Yolo County.

Then that bastard of a new psychiatrist, Dr. Ralph Allison, arrived in 1978 to work at the Yolo County Mental Health Clinic (YCMHC), where she had her medicines renewed. He was the first person who realized that many alter-personalities shared that one 30-year-old body. His new report to the Social Security Administration convinced the Appeals Referee to grant her application for Supplemental Security Income (SSI), based on a Memories of an Essence finding of total disability.

Now she had money to Memories of an Essence live on. But that damned Dr. Allison had persuaded the referee to split the conservatorship and put her money under the control of the Yolo County Public Guardian instead of her mother. Mother was then only in charge of her body, not her funds. This interfering psychiatrist even had the nerve to snitch to the Public Guardian that Marcia thought she needed a whole month's check in hand before she could leave town and kill Sad Marie's body in some deserted canyon. The caseworker only let them have half the check at a time. Marcia was pissed off Memories of an Essence by this trick of Dr. Allison's, as that kept her from having enough money to fulfill her plan to kill Sad Marie and live on in her own voluptuous body.

## **Memories Of An Essence**

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